



beauty



Clockwise from top left, Inhibit-Tensolift, £400, by **Natura Bissé**. Sensai Premier the Cream, £440, by **Kanebo**. Peau Magnifique, £1,050, by **RéVive**. Cellular Radiance Pure Gold, £345, by **La Prairie**. The Essence, £1,500, by **Crème de la Mer**

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That you spend hundreds on a face cream

The only thing that has appreciated more than house prices in recent months is the cost of skincare. You'll need serious funds for the sophisticated new hi-tech formulas that contain some of the world's rarest ingredients. Blow his bonus on **RéVive's Peau Magnifique**, £1,050 (available at Space NK). Its star ingredient is telomerase, a synthesised human enzyme (which apparently costs \$4 million a gramme to make) that repairs frayed chromosomes and sends messages to stem cells to produce plump new skin cells. A month's course allegedly takes at least five years off your face. **Natura Bissé Inhibit-Tensolift**, improves the snap-back response in skin by strengthening collagen and elastin fibres and stopping the dreaded sag. In **Kanebo's Sensai Premier the Cream**, £440, rare Japanese seaweed and silk extracts reverse UV damage and repair DNA function, which slows as we age. **La Prairie** has upped the ante with its **Cellular Radiance Pure Gold**, £345, which gives skin a 24-carat glow with a special compound of quartz, light-reflecting pigments, liquid crystals and gold. **The Essence**, £1,500, by **Crème de La Mer**, is a super-concentrated cream with a fermented marine-extract miracle broth.

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That you get spots

Spots can plague us at any age and studies have shown that, thanks to stress and pollution, adult acne is on the rise. Luckily, Manhattan's favourite dermatologist **Dr Steven Victor**, aka Dr Lookgood, has set up a UK branch: **Steven Victor MD Rejuvenation Medispa**, 22 Seymour Street, W1 - which will be home to a special SOS spot clinic. For alarmingly large eruptions, have a cortisone injection, which magically accelerates the healing process - with a noticeable difference in 24 hours - and prevents scarring. Dr Victor will be there once a month but you can also book in with his excellent nurse, **Marty** (tel: 07775 801025). For serious cases of acne, **Dr Richard Staughton** at the Lister Hospital, Chelsea Bridge Road, SW1 (tel: 020 7584 5384), comes highly recommended - he's the Queen's dermatologist and his bedside manner rivals George Clooney's.

