



NOW

SARAH JESSICA PARKER, 42

"I believe in buying as many of those creams which say 'eliminates small lines' as possible"



THEN

HOW SJP LOOKED THEN:

The mix of curls and lip gloss was kooky and cute.

NOW:

As your face matures, it hollows out and you look thinner, as we can see with Sarah Jessica – but she definitely hasn't lost her glow. Her hair's straighter than it was and, despite a flirtation with brunette, she favours face-flattering blonde highlights.

HOW SHE DOES IT:

She may be partial to a little digital air-brushing, as film insiders have revealed, but SJP does decline Botox. She also loves the skin-plumping actions of the Organic Pharmacy's Expression Treatment (1), Dhs292. "I believe in buying as many of those creams that say 'eliminates small lines' as possible," she says. "They're stacked up in my bathroom cabinet." Another of her favourites is **Natura Bissé Top Ten Complex** (2), Dhs640, along with Rodial Glam Balm (3), Dhs422. She's

flash!
 SJP goes for Sapphire 3 Photo Abrasion facials which use light therapy to promote collagen production in the skin. Not yet available in the UAE, check out www.rajamedical.com for more information

also a close friend of A-list make-up guru Laura Mercier, and you can get Laura's book, *The New Beauty Secrets: Your Ultimate Guide to a Flawless Face* (4), Dhs140, at Margrudy's.

HER ANTI-AGEING WORKOUT:

SJP's age-defying body is a result of plenty of hard work at New York gym, Physique 57, where trainer Tanya Becker uses a mix of ballet, stretches and tiny moves to lengthen and tone muscles. Not over here yet, but try the Pilates LLC Studio (www.pilatesuae.com) for similar workouts.